

JUNE 2026

(609)799-9068

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1	2	3	4	5
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Ria (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 8 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom) 2:00 Zumba - Vin (activity room) \$\$	<h2 style="margin: 0;">PRIMARY ELECTIONS ALL CLASSES & ACTIVITIES CANCELLED</h2>	8:15 Tai Chi II - Hsueh (activity room) 8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong - Mira (double classroom) 10:00 Hearing Screening 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class - Ed (activity room)	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:15 Strength - Helen (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi I - Hsueh (activity room) 11:00 Strength - Anna ZOOM 1:00 Music Concert Carmen Marranco & Bud Belviso
8	9	10	11	12
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Ria (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 9 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	8:30 Strength - Kelly (activity room) 8:30 Walking (double classroom) 10:00 Glucose Screening 9:00 Spanish I - Nelida (library / ZOOM) \$\$ 09:30 Yoga - Ria (activity room) 9:30-11:30 Coffee & Conversation with FOWWSC 10:00 Spanish II - Nelida (library / ZOOM) \$\$ 11:15 Chair, Stretch & Tone - Helen (activity room) 1:00 Bingo	8:15 Tai Chi II - Hsueh (activity room) 8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong - Mira (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class - Ed (activity room)	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Vin (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:15 Strength - Helen (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi I - Hsueh (activity room) 10:45 Bollywood Dance (activity room) 11:00 Strength - Anna ZOOM
15	16	17	18	19
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Ria (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 10 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	8:30 Strength - Kelly (activity room) 8:30 Walking (double classroom) 9:00 Spanish I - Nelida (library / ZOOM) \$\$ 09:30 Yoga - Ria (activity room) 10:00 Spanish II - Nelida (library / ZOOM) \$\$ 11:15 Chair, Stretch & Tone - Helen (activity room) 1:00 Senior Medicare Fraud Lecture (activity room)	8:15 Tai Chi II - Hsueh (activity room) 8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong - Mira (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class - Ed (activity room)	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:15 Strength - Helen (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi I - Hsueh (activity room) 10:45 Bollywood Dance (activity room) 11:00 Strength - Anna ZOOM
22	23	24	25	26
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	8:30 Strength - Kelly (activity room) 8:30 Walking (double classroom) 9:00 Spanish I - Nelida (library / ZOOM) \$\$ 09:30 Yoga - Kelly (activity room) 10:00 Spanish II - Nelida (library / ZOOM) \$\$ 10:00 Vision Screening (library) 11:15 Chair, Stretch & Tone - Helen (activity room)	8:15 Tai Chi II - Hsueh (activity room) 8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong - Mira (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:00 Blood Pressure Screening 11:45 Duplicate Bridge (double classroom) 12:00 Sound Bath Meditation - Ed (activity room)	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Linda (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:15 Strength - Helen (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi I - Hsueh (activity room) 10:45 Bollywood Dance (activity room) 11:00 Strength - Anna ZOOM
29	30			
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Ria (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)	8:30 Strength - Kelly (activity room) 8:30 Walking (double classroom) 9:00 Spanish I - Nelida (library / ZOOM) \$\$ 09:30 Yoga - Ria (activity room) 10:00 Lung Cancer Lecture (double classroom) 10:00 Spanish II - Nelida (library / ZOOM) \$\$ 11:15 Chair, Stretch & Tone - Helen (activity room) 2:00 Book Club			